CM 655 Counseling: Global Perspectives Israel

3 Credit Hours

Course Introduction

Instructor:	
Office and Hours:	Instructor will post this information in Most, 1 welcome approximate
Phone:	Instructor will post this information in Week 1 welcome announcement.
E-mail:	

Official Course Description

This course is provided as a general elective for students wishing to enroll in a study abroad opportunity offered through the program or other Chicago School programs. Integration of international perspectives in the counseling field will be addressed.

Counseling: Global Perspectives: Israel

This course offers an in-depth cultural experience while focusing on serving the mental health needs of the Israeli and Palestinian people. We will collaborate with Israeli and Palestinian psychology students to explore mental health counseling theories and techniques in Israeli with a special focus on Israeli refugee population. While in Israel, students will receive specialized instruction in the Mental Health Facilitator (MHF) program (http://www.mentalhealthfacilitator.org/) and use the MHF training to assist local community members in recognizing and addressing mental health needs within the cultural framework of Israel. Upon completion of the course, students will receive the MHF trainer designation permitting them to continue providing services domestically. This course builds student skills needed for affecting the mental health of communities worldwide. Finally, students will partner with Palestinian and Israeli students to engage in community mental health with preschool students and faculty from East Jerusalem and provide beautification of the preschool.

Technology

Videoconferencing Technology

CMHC Online utilizes an approved recording and live meeting conferencing system that is utilized within all CMHC online courses. The technology meets the physical requirements for HIPAA and FERPA compliance. Students are expected to review the provided tutorial(s) within the CMHC Online Advising Forum's Student Resource page in order to comprehend how to navigate through the web based communications system. Within the tutorial, students will learn how to schedule meetings, about account default settings, how to join meetings from an App on multiple devices, and how to optimize the overall meeting experience.

Canvas Support:

If you need help accessing your course and materials in the Canvas system, the following resources may be of assistance:

- 1. <u>Search the Canvas Guides</u> which have a plethora of detailed videos, step-by-step instructions, and links:
- 2. Access the community user boards and discussions.
- 3. Ask Canvas Student Help Desk:
 - a. Contact the Canvas Student Help Desk by phone: 1-800-747-8367
 - b. Have a livechat with Canvas support (student)

IT Support:

Students may contact Help Desk by:

Phone: (800) 747-8367

Email: helpdesk@tcsedsystem.edu

IT Website

Institutional Learning Goals, Competencies and Outcomes

Institutional Learning Goals

Please refer to the <u>Statement of Values</u> for a description of how our Institutional Learning Goals are derived.

Diversity

Graduates will respect the value and dignity of individuals and groups across all cultural contexts, and advocate for inclusion and equity. They will demonstrate intercultural competence in domestic and international contexts with people who have ideas, beliefs, worldviews, experiences, and behaviors that are different from their own.

Diversity and Advocacy

PLO 2: Students will demonstrate an intersectional lens of cultural competence in counseling with individuals, groups, and families from diverse cultural backgrounds as well as the ability to advocate for equity and social justice in the promotion of mental health on the behalf of clients, the community, and the profession of counseling (CACREP 2.F.2).

By the end of the course, students will be able to...

- CLO 2.1: Students will analyze research addressing multicultural and
 pluralistic characteristics of Israeli society. Identify theories and models of
 multicultural counseling, identity development, and social justice and advocacy, as
 well as discuss strategies for identifying and eliminating barrier, prejudices, and
 processes of intentional and unintentional oppression and discrimination in the
 Israeli culture. (CACREP 2.F.2.a,2.F.2.b, 2.F.2.h)
- CLO 2.2: Students will reflect on self in relation to the Global Perspectives
 Inventory and discuss learning activities that foster students' self-understanding of
 the impact of their heritage, attitudes, beliefs, understandings, and acculturative
 experiences on their views of Israeli culture (CACREP
 2.F.2.d).
- CLO 2.3: Students will engage in and discuss learning activities that foster students' understanding of the help-seeking behaviors in Israel. (CACREP 2.F.2.f).
- CLO 2.4: Students will demonstrate an awareness of understanding of the impact of spiritual beliefs on clients' and counselors' worldviews, and discuss multicultural competencies and strategies for working with and advocating optimum wellness for citizens of Israel (CACREP 2.F.2.c, 2.F.2.e, 2.F.2.g)

Professional Behavior

Graduates will be able to demonstrate by their values, beliefs and behaviors adherence to the highest ethical and professional standards in their personal and professional lives.

Foundations

PLO 1: Students will demonstrate knowledge and application related to ethical professional counseling practice, establish a professional counselor identity, and engage in effective interdisciplinary practice (CACREP 2.F.1).

- CLO 1.1: Student will discuss the history and philosophy of global initiatives in the counseling profession including its role in meeting the mental health need of diverse cultures (CACREP 2.F.1.a., CMHC 1.a).
- CLO 1.7: Students will identify the ethical standards of professional organizations and credentialing bodies, and discuss the applications of ethical and legal considerations in professional counseling, and technology's impact on the counseling profession (CACREP 2.F.1.h, 2.F.1.i., 2.F.1.j., 2.F.5.e.).
- CLO 1.13: Students will recognize and apply legal and ethical considerations specific to clinical mental health counseling (CMHC 2.l.).

Professional Practice

Graduates will be able to demonstrate attainment in the areas of competency (as reflected in knowledge, skills and attitudes) required by their area of education and training. Examples include evaluation, intervention, consultation, teaching, and supervision.

Counseling, Prevention, and Intervention

PLO 5: Students will demonstrate knowledge and application of the helping process with diverse clients; counseling theories and techniques; prevention, education, and consultation; wellness models; counselor self-understanding; and the change process (CACREP 2.F.5.).

By the end of this course, students will be able to...

- CLO 5.1: Students will differentiate and apply theories and models of effective counseling and wellness programs related to clinical mental health counseling and the Israeli culture (CACREP 2.F.5.a., CMHC 1.b.).
- CLO 5.4: Students will describe and utilize ethical and culturally relevant strategies for developing helping relationships (CACREP 2.F.5.d.).

Required and Optional Text and Electronic Reserves

Title	ISBN/website	Publisher's Price
Required Text		
American Psychological Association. (2009). <i>Publication</i> manual of the American Psychological Association (7th ed.). Author.	9781433832161	\$31.95
Hinkle, S. J. & Henderson, D. (2014). Mental health		No purchase
facilitator training of trainer's manual. NBCC International.		included with
		MHF training
Hohenshil, T. H., Amundson, N. E., & Niles, S. G. (2013).	9781119026419	\$47.99
Counseling around the world: An international		
handbook. American Counseling Association.		
Optional Text		
Moodley, R., & American Counseling Association. (2015).	978111909827	\$47.99
International counseling case studies handbook. American		
Counseling Association.		

Evans, H. (2016). Global Citizenship: What does it mean to be a citizen of the world?

Hohenshil, T. H., Amundson, N. E., & Niles, S. G. (2013). *Counseling around the world: An international handbook*. American Counseling Association.

Nassar-McMillan, S., Morre, J.L., Warfield, H. A., Mayes, R. D. (2015). *Global diversity issues in counseling*. In counseling around the world: An international handbook. American Counseling Association.

The Chicago School of Professional Psychology

- Know Before You Go- Pre-Departure Guide to International Programs.
- Rights and Responsibility Agreement for International Programs

Unit 2

U.S. Department of State (2020). U.S. Relations with Israel

Unit 3

Chandwani, R., Agrawal, N. M., & Kedia, B. L. (2016). <u>Mindfulness: Nurturing Global Mind-set and Leadership.</u> *Thunderbird International Business Review, 58,* 6, 617-625. https://www.doi.org/:10.1002/tie.21760

Torres, R. (2013). What it takes to be a great leader.

Unit 4

American Counseling Association (2014). ACA Code of Ethics. American Counseling Association.

World Health Organization (2013). Mental Health Action Plan 2013-2020.

Unit 5

The Chicago School of Professional Psychology

Know Before You Go- Pre-Departure Guide to International Programs.

U.S. Department of State (2017). <u>Travel.State.Gov</u>

Unit 6

Loecsen (2020). Hebrew vocabulary.

Unit 7

Veronese, G., Pepe, A., Dagdouke, J., Addimando, L., & Yagi, S. (2017). Measuring well-being in Israel and Palestine: The subjective well-being assessment scale. *Psychological Reports, 120(6),* pp. 1160–1177, https://www.doi.org/:10.1177/0033294117715479

Unit 8

To be announced.

Unit 9

Mavroudi, E. (2010). Imagining a shared state in Palestine - Israel. *Antipode 42(1)*, pp. 152–178, https://www.doi.org/:10.1111/j.1467-8330.2009.00735.x

Unit 9 Optional Text

Moodley, R., & American Counseling Association. (2015). *International counseling case studies handbook*. American Counseling Association.

Unit 10

American Counseling Association (2014). <u>ACA Code of Ethics</u>. American Counseling Association.

Unit 11

U.S. Passports & International Travel (2017). Traveler's Checklist

Unit 12

To be announced

Unit 13

American Counseling Association (2014). ACA Code of Ethics. American Counseling Association.

Ratts, M. J., Singh, A. A., Butler, K. S., Nassar-McMillan, S., McCullough, J. R. (2015). <u>Multicultural and Social Justice Counseling competencies</u>.

Unit 14

Hinkle, S. J. & Henderson, D. (2014). Mental health facilitator training of trainer's manual. NBCC International. (distributed on site)

Methods of Instruction

The CMHC program at the Online Campus is an accelerated graduate program with 60 credit 667 hours. Students will need to invest approximately 21 hours each week per class. All but two of the courses are offered in a fully online format through Canvas. Two courses (CM 528 – Helping Relationships and Skill Development and CM 543 – Group Counseling) are hybrid courses, each containing a four-and-a-half-day residency. The online and hybrid courses have seven modules and each week students complete a series of learning activities (such as readings, media, or small group activities) and assessments (such as discussions, exams, case studies, or presentations). Every course has a minimum of two synchronous live discussions. After successful completion of the CM 543 – Group Counseling, students may begin the fieldwork portion of their program, which includes Practicum, Internship 1, and Internship 2 and constitutes course work and a minimum of 700 hours of fieldwork experience (100 hours during practicum and 600 hours during internship). Students who

wish to be licensed in states requiring 1,000 hours of fieldwork may complete Advanced Internship for the remaining 300 hours of fieldwork experience.

Grading Rubrics

The faculty utilizes grading rubrics to provide formative feedback to students on weekly discussion and written assignments. These are point-focused and measure if the student met the expectations of the specific discussion or assignment. The point value and narrative of the rubric inform students how well the student met the specific expectations in each discussion or assignment. These are formative assessments, so the faculty member(s) provide students feedback as the students are learning the material to help shape knowledge, skills, and dispositions. The syllabus section entitled, Course Schedule, Assignments, and Grading, identifies the specific grading rubric for every graded discussion or assignment.

To view many of the common grading rubrics used in the Counselor Education Department (Online Campus), click the link below:

https://tcs1.box.com/v/cmhcgradingrubrics

Course Rubric

Program Learning Outcome Assessed	Demonstration Level 1	Demonstration Level 2	Demonstration Level 3	Demonstration Level 4
PLO 1: Students will demonstrate knowledge and application related to ethical professional counseling practice, establish a professional counselor identity, and engage in effective interdisciplinary	Student is unable to demonstrate knowledge of and/or skills related to ethical professional	Student demonstrates a limited knowledge of and skills related to ethical professional counseling	Student demonstrates adequate knowledge of and skills related to ethical professional counseling	Student demonstrates sup erior knowledge of and skills related to ethical professional counseling
practice (CACREP 2.F.1).	counseling practice.	practice.	practice	practice.



demonstrate an intersectional lens of cultural competence in counseling with individuals, groups, and families from diverse cultural backgrounds as well as the ability to advocate for	demonstrate knowledge of the role cultural context plays in the practice of professional counseling and/or does not apply culturally relevant skills for working with diverse populations.	context plays in the practice of professional	Student demonstrates adequate knowled ge of the role cultural context plays in the practice of professional counseling and applies culturally relevant skills for working with diverse populations consistently.	Student demonstrates a detailed knowle dge of the role cultural context plays in the practice of professional counseling and applies culturally relevant skills for working with diverse populations in
PLO 5: Students will demonstrate knowledge and application of the helping process with diverse clients; counseling theories and techniques; prevention, education, and consultation; wellness models; counselor self-understanding; and the change process (CACREP 2.F.5.).	Student is unable to demonstrate knowledge and skills of the helping process; counseling theories and techniques; prevention, education, consultation, and wellness models; counselor self-understanding; and the change process.	Student demonstrates limited knowledge and skills of the helping process; counseling theories and techniques; prevention, education, consultation, and wellness models; counselor self- understanding; and the change process.	Student demonstrates adequate knowled ge and skills of the helping process; counseling theories and techniques; prevention, education, consultation, and wellness models; counselor self- understanding; and the change process.	Student demonstrates comprehensive kn owledge and skills of the helping process; counseling theories and techniques; prevention, education, consultation, and wellness models; counselor self- understanding; and the change process.

Assignment Rubric- In Country Attendance & Engagement

While in Israel, we will visit numerous sites and have targeted, instructor led and small group discussions and training. Attendance and engagement will be evaluated during trips, activities, and



discussions.

Grading	Demonstration	Demonstration	Demonstration	Demonstration
Area	Level 1	Level 2	Level 3	Level 4
	(unacceptable)	(minimal)	(expected)	(advanced)
Attendance	Unexcused	Attends all required	Punctual and	Punctual and
	absences from	in- country activities.	completely attends all	completely
	required in- country	One occasion is not	required in- country	attends all
	activities. More	punctual. Requires	activities without few	required in-
	than several	some prompts or	prompts or	country activities
	occasions are not	reminders.	reminders.	without any
	punctual. Requires			prompts or
	many prompts or			reminders-
	reminders and	60-79 points	80-99 points	exhibits complete
	creates inexcusable			self-reliance.
	delays for program.			
				100 points
	0-60 points			
Participation	Does not prepare in	Prepares in advance	Prepares in advance	Fully prepares in
&	advance for	for a few activities;	for most activities;	advance for
Engagement	activities; does not	occasionally listens	actively listens for	activities; actively
	actively listen, is	actively; during	most of program;	listens
	distracted during	activities is present	contributes some	throughout
	program; does not	and occasionally	knowledge to	duration of
	contribute or	engages and	activity;	program;
	advance knowledge	participates.	professionally	contributes and
	of activity; does not		engages with faculty	advances
	engage with faculty		and in-country	knowledge of
	and in-country		partners.	activity in
	partners.			respectful and
				appropriate
		60-79 points		manner;
				professionally
			80-99 points	engages with
				faculty and in-
				country partners.
	0-60 points			100 points
			Total	200 total points

Assignment Rubric – Professional Behavior & Comportment

	Demonstration	Demonstration	Demonstration	Demonstration
	Level 1	Level 2	Level 3	Level 4
Grading	(unacceptable)	(minimal)	(expected)	(advanced)
Area				



Professi	Demonstrates	Demonstrates	Demonstrates	Demonstrates
onal	unprofessional	expected	expected	exemplary and
Behavio	behavior or	professional	professional	model professional
r and	comportment	behavior and	behavior and	behavior and
Compor	during program	comportment for	comportment for	comportment for
tment	and/or in more	most of program	entire duration of	entire duration of
	than one	and in almost all	program and in all	program and in all
	interaction with	interactions with	interactions with	interactions with
	students, faculty,	students, faculty,	students, faculty,	students, faculty,
	administrators or	administrators	administrators and	administrators and
	any in-country	and all in-country	all in-country	all in-country
	partners.	partners.	partners.	partners.
		20-49 points	50-79 points	80 points
	0-19 points			
			Total	80 total points

Discussion Forum Scoring Rubric

- 1. Initial Posts are due time-stamped by 11:59pm, Central Time, Wednesday or Thursday (as indicated in the discussion prompt).
- 2. 1 point will be deducted for each day the initial post is late.
- 3. Responsive posts to peers are due on Friday and Saturday of the week (as indicated in the discussion prompt). Responses to faculty feedback need to be made within 48 hours. Post made later than Saturday have an adverse impact on the quality of the learning community. Posting all or the majority of your contribution on last day of the week will result in decreased points due to the fact that you have not been effective in participating in the discussion across the week.
- 4. Interaction is key to a rigorous discussion: participation over three (3) separate days each week is optimal, as described below.
- 5. The quality of the discussion is dependent on everyone in the course; therefore, points are gained through posts that stimulate further conversation.

Post Type	Discussion Post Performance Rubric				Points
	Exemplary	Proficient	Developing	Needs Improvement	
Initial Post: Demonstration of Quality Content and Integration of Course	The first post for this discussion exhibits a strong statement to answer the main discussion	The first post for this discussion exhibits a statement to answer the main discussion	The first post for this discussion exhibits a statement to answer, or partially answer,	The first post for this discussion exhibits a statement that is partially	/8 Points



Material	question(s). The student's answer incorporates a	question(s). However, this answer doesn't	the main discussion question(s).	incorrect, is fully incorrect, or doesn't	
	concise statement backed by assigned readings from the class or another scholarly source, and stimulates further discussion. APA Style is followed. (4 points statement; 2 points sources; 2 points discussion stimulation). 8 points	demonstrate one of the following areas: a concise statement; backed by readings from the class or another source, and stimulates further discussion. APA Style is followed. 7 points	However, this answer doesn't demonstrate two of the following areas: a concise statement; backed by readings from the class or another source, and stimulates further discussion. APA Style is missing an element. 6 points	answer, the main discussion question(s). If the initial post is missing, this warrants a zero. Further, this post is not a concise statement; is not backed by readings from the class or another source, and does not stimulate further discussion. APA Style is not followed. 5 points or lower	
Follow-Up Posts: Participation as Member of Learning Community	The student's feedback to a minimum of two (2) other initial posts exhibit substantive answers that address the posts, are supported by readings or other facts, and challenge/invite other participants to further explore the topic.	The student's feedback to a minimum of two (2) other initial posts exhibit solid answers that address the posts adequately, and at least one post is adequately supported by readings or other facts, and challenge/invite other participants to further explore	The student's feedback to the minimum of two (2) other initial posts exhibit answers that may fail to address the posts adequately, are not supported by readings or other facts, or fail to challenge/invite other participants to further explore	Student did not give feedback to a minimum of two other initial posts, or the feedback constitutes simple agreement or a question that does not show evidence of effort, critical thought or knowledge, or were posted too late in the	/8 points



		the topic. 7 points	the topic and/or replies were posted late in the week. 6 points	week to have an impact. 5 points or lower	
Response to Feedback Received: Ongoing Participation throughout the week.	Student participates in the discussion forum at least (3) separate days of the week, writes substantial responses to all feedback received on student's initial post; and responds to instructor's feedback to initial post. 4 points	Student participates in the discussion forum at least (3) separate days of the week; responds to all feedback received on student's initial post, and responds to instructor's feedback to initial post. Responses are proficient but not as robust, indepth, or substantive as the "exemplary" category. 3 points	Student is missing two elements in the areas of: posting in at least (3) separate days of the week; responds to all feedback received on initial post, or response to instructor's feedback to initial post. Responses show attention to feedback received but are not substantive. 2 points	Student does not adequately provide evidence of participating in the discussion forum throughout the week as evidenced by number of days, posting to feedback received on initial post, or response to instructor's feedback to initial post. 1-0 points	/4 Points
					/20 Total Points

Assignment Rubric – Writing Assignments

Criteria	Assignment Performance				Points
	Exemplary	Proficient	Developing	Needs Improvement	
Demonstration	The assignment	The assignment	The assignment	The student's response is	/15



of Quality Content	exhibits a strong response to the assigned task and is completed in full. The response demonstrates synthesis and application of the course content.	exhibits response to the assigned task and is completed in full. The response demonstrates knowledge of and some application of the course content.	exhibits response to the assigned task and is mostly complete. The response demonstrates knowledge of the course content. 8-5 points	inaccurate and/or incomplete. 4 points or lower	Points
Integration of Course Material	The student's response demonstrates an integration of assigned course materials from the class and at least one other scholarly source. 10-9 points	The student's response demonstrates an integration of the assigned course materials but no other scholarly sources. 8-7 points	The student's response mentions the assigned course materials from the class but no other scholarly sources. However, the response does not demonstrate an integration of the course materials. Response may rely on direct quotations or demonstrates a lack of analysis of materials. 6 - 4 points	The student's response does not utilize the assigned course materials or any other scholarly sources. 3 points or lower	/10 points
Writing Quality	The student's response reflects current APA format guidelines, including paper layout and	The student's response reflects current APA format guidelines, including paper layout and	The student's response mostly reflects current APA format guidelines, including paper	The student's response does not reflect current APA format guidelines, including paper	/5 Points



grammar. The response is well	grammar. The response is	layout and grammar. The	layout and grammar. The	
organized and utilizes headings,	organized and utilizes	response is somewhat	response is poorly	
where appropriate. The response has no	headings, where appropriate.	organized. The response has a few APA format	organized and may contain extraneous	
spelling errors or typos.	The response has a few APA	errors, spelling errors, and/	material. The response has	
	format errors, spelling errors, and/typos.	typos.	numerous spelling errors and/or typos.	
5 points	4 points	3 points	2-0 points	
				/30 Total Points

Academic and Professional Integrity

Students at the CMHC (Online Campus of The Chicago School of Professional Psychology (TCSPP) must adhere to professional behaviors expected of professional counselors at all times. Students and graduates from the CMHC (Online Campus) should be role models within our profession and in all four essential threads of our program: practical application, professional identity, multicultural competence, and ethical decision making. As such, students and graduates need to abide by the <u>Academic Integrity standards</u> in the TCSPP Student Rights and Responsibilities, the <u>2016 CACREP Standards</u>, the <u>2014 American Counseling Association's Code of Ethics</u>, and the <u>2015 Multicultural and Social Justice Counseling (MSJC) Competencies</u>.

Campus Resources

CMHC (Online Campus) Student Handbook

Personal Counseling Support

The Chicago School utilizes an external organization, GuidanceResources.com, which offers students personal counseling services, with the first three sessions at no cost. Faculty within the Clinical Mental Health Counseling program are not affiliated with the organization, and as such, do not have the ability to counsel students. Students have access to <u>Guidance Resources</u> online or they may call 855-460-6668. Prior to utilizing the services, students register with the Company Web ID: TCSPP.



Accessibility Services

In pursuit of its mission and in accordance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990*, The Chicago School of Professional Psychology is committed to providing all students with equal access to academic courses, programs, and school activities. For more information, contact access@thechicagoschool.edu or 800-684-2890, option 6 or accommodations@thechicagoschool.edu



			Course Schedule, Assignments, and	Grading	
Week/ Unit	Topic	Learning Outcomes	Readings	Assignments	Points / Assessmen t Method
Week 1 (Unit 1)	Unit 1 Introduction and Preparation for Travel	CLOs: 2.1 2.2 2.3	" <u>What to Know Before You Go</u> " TCSPP Study Abroad Pre- Departure Handbook	Unit 1 Discussion Introduce Yourself (Required for Attendance Purposes) Initial Post due Wednesday, 11:59 pm, CT, of the first week of class.	C/NC, 10 points
			Evans, H. (2016). Global Citizenship: What does it mean to be a citizen of the world?	Complete Pre-Survey: Global Perspectives Inventory (GPI): log information will be sent to you via email. Complete no later than Sunday, 11:59pm, CT Complete International Travel Registration: https://my.thechicagoschool.edu/community/studen tresources/ie/Pages/Travel-	20 points if completed by due date. No points if completed after the due date.
			Hohenshil, T. S., Amundson, T. H., Niles, S. G. (2015). Counseling around the world: An international handbook. American Counseling Association Chapter 1 - Chapter 2	Database.aspx Complete no later than Sunday, 11:59pm, CT • Unit 1 Discussion 1: Are you a Global Citizen? Part I What did you learn about yourself from completing the Global Perspectives Inventory? How do you anticipate your perspective on mental health	20 points Discussion Rubric.



Week/ Unit	Topic	Learning Outcomes	Readings	Assignments	Points / Assessmen t Method
				international experience? How do you anticipate this experience will impact your personal and professional life? In what ways?	
				Part II Respond to three peers by providing feedback, suggestions or resources to assist them in increasing their knowledge and understanding of the topic.	
				Initial Post Due Thursday, 11:59 pm, CT Final post due no later than Sunday, 11:59 pm, CT	
Week 1 (Unit 2)	Unit 2 Getting to Know Israel	2.1 2.2 2.3 2.4	U.S. Department of State (2017). U.S. Relations with Israel	Unit 2 Written Assignment: Getting to Know Israel Global Perspectives in Counseling requires the counselor to understand the community in which they serve. Counselors should be familiar with the environment, social conditions, economics and political concerns. The counselor must also focus on community strengths and resiliency. In a 3- 5-page paper, discuss the following: What demographic characteristics (i.e., census information, socioeconomic,	30 Points Written Assignment Rubric
				cultural and religious groups) make up the city of Jerusalem and its surrounding community?	



Week/ Unit	Topic	Learning Outcomes	Readings	Assignments	Points / Assessmen t Method
				What significant aspects of the culture are you challenged with overcoming while serving the community of Tel Aviv, Jerusalem, and Palestine? For instance, not understanding the language, high crime rate in some areas of the city, navigating social norms, or sensitive to (i.e., historical factors, societal norms, economics, and political issues). How will you begin to address these concerns while taking the course (i.e., learning the language, becoming familiar with the city or the culture)? Now write three SMART goals to assist you in being better prepared for your visit.	
				Written Assignment is due Sunday, 11:59 pm, CT.	
Week 2 (Unit 3)	Unit 3 Leadership as a Global initiative	CLOs: 1.1 5.1 5.4	Chandwani, R., Agrawal, N. M., & Kedia, B. L. (2016). Mindfulness: Nurturing Global Mind-set and Leadership. Thunderbird International Business Review, 58, 6, 617-625. Torres, R. (2013). What it takes to be a great leader.	Unit 3 Discussion Leadership as a Global initiative As part of your training for the Mental Health Facilitator training program, you will take on a leadership role during the training and afterward. How comfortable are you as a leader? Part I In this discussion you will present your position on global leadership and competency by addressing the following:	20 points Discussion Rubric



Week/ Unit	Topic	Learning Outcomes	Readings	Assignments	Points / Assessmen t Method
				What are critical global leadership skills? How will you inspire confidence and motivate the staff and volunteers you will be training to be Mental Health Facilitator program? What will you do to ensure you are a globally competent and an effective teacher? Part II Respond to two peers by providing feedback, suggestions or resources to assist them in increasing their	
				knowledge and understanding of the topic. Initial Post Due Thursday, 11:59 pm, CT Final post due no later than Sunday, 11:59 pm, CT	
Week 2 (Unit 4)	Unit 4 Ethical Consideration in a Global Context	CLOs: 1.1 1.7 1.13	American Counseling Association (2014). Code of ethics. World Health Organization (2013). Mental Health Action Plan 2013-2020.	Unit 4: Written Assignment Ethical Consideration in a Global Context Compare and contrast what counseling might entail in the USA as compared to Israel. How might you address these concerns from a culturally sensitive perspective? What resources does Israel or Palestine offer and how might those be different than what one might receive in the United States? Finally, what ethical concerns might be a factor for an American counselor working with clients in Israel or Palestine?	Written Assignment Rubric 30 points



Week/ Unit	Topic	Learning Outcomes	Readings	Assignments	Points / Assessmen t Method
				Written Assignment is due Sunday, 11:59 pm, CT	
Week 3 (Unit 5)	Unit 5 Travel Checklist		U.S. Department of State (2017). Travel.State.Gov "What to Know Before You Go" TCSPP Study Abroad Pre- Departure Handbook	Unit 5: Discussion Travel Checklist Part 1 In the Study Abroad Pre-Departure Handbook, you reviewed the travel checklist. Using this documentation and the U.S. Department of State travel website, discuss your timeline for preparation. Have you completed all items on the checklist? If not, what areas are you attempting to finish in the next few weeks? What are your challenges? What information on the US travel.state.gov website did you find helpful to ensure you are well informed when traveling internationally? Part II Respond to two peers by providing feedback, suggestions or resources to assist them in increasing their knowledge and understanding of the topic. Initial Post Due Thursday, 11:59 pm, CT Final post due no later than Sunday, 11:59 pm, CT	20 points Discussion Rubric
Week 3	Unit 6 Language	CLOs:	Loecsen (2020). <u>Hebrew vocabulary.</u>	Unit 6 Discussion: Hebrew	10 points



Week/ Unit	Topic	Learning Outcomes	Readings	Assignments	Points / Assessmen t Method
(Unit 6)	Accountability Partner	1.1.2		Accountability Partner Create a dyad with a peer who you will meet with for 20 – 30 minutes in weeks 3, 4, and 6 to practice simple words and phrases in Hebrew. Note the members of your dyad and days and times you will practice your language skills in the discussion forum. Initial Post Due Thursday, 11:59 pm, CT Final post due no later than Sunday, 11:59 pm, CT	Discussion Assignment
Week 4 (Unit 7)	Unit 7 How is Your Hebrew?	CLOs: 2.1 2.2 1.1	Veronese, G., Pepe, A., Dagdouke, J., Addimando, L., & Yagi, S. (2017). Measuring well-being in Israel and Palestine: The subjective well-being assessment scale. Psychological Reports, 120(6), pp. 1160–1177, https://www.doi.org/:10.1177/0033294117715479	Unit 7: Discussion: How is Your Hebrew? Part I Discuss challenges you will experience expressing yourself in Hebrew, both with language and cultural customs. What will you do to improve your ability to communicate? Remember, we will have guides and/or translators with us at all times; however, you may need to express a need or desire and not have someone to communicate it to you. What efforts are you making to be self-sufficient as much as possible? Also, as you consider your trepidations or your ability to communicate well in a second language, what emotions are you experiencing? How might your communication skills impact your ability	20 points Discussion Assignment



Week/ Unit	Topic	Learning Outcomes	Readings	Assignments	Points / Assessmen t Method
				Part II Respond to two peers by providing feedback, suggestions or resources to assist them in increasing their knowledge and understanding of the topic. Initial Post Due Thursday, 11:59 pm, CT Final post due no later than Sunday, 11:59 pm, CT	
Week 4 (Unit 8)	Building Cultural Resources	CLOs: 2.2 2.3 5.1 5.4		Unit 8: Group Written Assignment Building Cultural Resources Develop a list of resources including websites, apps, books, and videos that can assist you in improving or practicing your cultural fluency. Share your resources with your accountability partner and plan a 30-minute practice session where you will use everyday phrases and words used in your resource list. You will meet one additional time in Unit 12 to discuss challenges and improvements. List your resources in an annotated bibliography format and submit it by Sunday at 11:59 pm CT.	30 points Written Assignment s
Week 5 Unit 9)	Unit 9 Developing An Interactive	CLOs:	Mavroudi, E. (2010). Imagining a shared state in Palestine - Israel.	Unit 9: Discussion: Developing an Interactive Training Experience. The Mental Health Facilitator training	20 Points Discussion
	training	1.7	Antipode 42(1), pp. 152–178,	will provide community members with	



Week/ Unit	Topic	Learning Outcomes	Readings	Assignments	Points / Assessmen t Method
	experience.	1.13 5.1 5.4	https://www.doi.org/:10.1111/j.1467 -8330.2009.00735.x	information related to mental health disorders, symptoms, and challenges. Community members will develop and connect with resources in their area to assist those with mental health needs. As part of the training, you will be teaching basic counseling and engaging the learning through activities that practice "real-life" situations and cases unique to this culture. Part I In this discussion develop one case scenario (role play) you could use in training participants. Part II Respond to your three peers with feedback, suggestions or resources, to assist them in increasing their knowledge and understanding of the	t Method
<u>Week 5</u> (Unit 10)	Unit 10 Video Presentation on Culturally Sensitive	CLOs: 2.1 2.2	American Counseling Association (2014). ACA Code of Ethics. American Counseling Association.	Initial Post Due Thursday, 11:59 pm, CT Final post due no later than Sunday, 11:59 pm, CT Unit 10 Assignment: Video Presentation on Culturally Sensitive Effective Presentation	30 points Assignment Rubric
	Effective	2.3		• Create a 5 – 10 minute video	



Week/ Unit	Topic	Learning Outcomes	Readings	Assignments	Points / Assessmen t Method
	Presentation	2.4 1.1 5.1 5.4		conveying the critical components of culturally sensitive presentations Cultural considerations specific to this region Discuss how you will use the components of a quality presentation, the 4Ds (discuss, demonstrate, do (practice) and debrief (get feedback)	Cinculou
				Due Sunday, 11:59 pm, CT.	
<u>Week 6</u> (Unit 11)	Unit 11 What are your travel plans?		U.S. Passports & International Travel (2017). Traveler's Checklist	Unit 11 Discussion: What are your travel plans? Part I Share your travel plans with your peers. When will you be leaving your city and returning home? Include any additional information that may help us to coordinate departure or arrival times. Also, if you are having any traveling challenges (i.e., packing, international cell phone or exchanging funds), feel free to share with the group so others may provide feedback that may assist you or generate useful ideas. Part II Respond to your three peers with feedback, suggestions or resources, to assist them in increasing their know and understanding of the topic.	10 points Discussion Rubric



Week/ Unit	Topic	Learning Outcomes	Readings	Assignments	Points / Assessmen t Method
				Initial Post Due Thursday, 11:59 pm, CT Final post due no later than Sunday, 11:59 pm, CT	
Week 6 (Unit12)	Unit 12 Practice your Hebrew	CLOs: 2.2		Group Assignment: Practice your Hebrew You will meet for 30 minutes to 1 hour to practice your Hebrew including essential phrases from the list you developed in week 4 to assist you in improving your language skills. Submit a one-page reflection on your practice session and your progress. Written Assignment is due Sunday, 11:59 pm, CT	30 points Written Assignment Rubric
Week 7 (Unit 13)	Unit 13 Journal Reflections Letter to Self	CLOs: 2.1 2.2 5.1	American Counseling Association (2014). ACA Code of Ethics. American Counseling Association. Ratts, M. J., Singh, A. A., Butler, K. S., Nassar-McMillan, S., McCullough, J. R. (2015). Multicultural and Social Justice Counseling competencies.	Unit 13 Written Assignment: Journal Reflections Letter to Self Write a letter to self-discussing your fears, concerns, and desires while in Israel. How do you hope you will change during your trip? What do you want to learn about the culture and yourself during your time in Israel? Written Assignment is due Sunday, 11:59 pm, CT	30 points Written Assignment Rubric
Week 7 (Unit 14)	Unit 14 Using the Mental Health Facilitator Training Domestically	CLOs: 1.13 2.3 2.4 5.1	Hinkle, S. J. & Henderson, D. (2014). Mental health facilitator training of trainers manual. NBCC International.	Final Project: Using the Mental Health Facilitator Training Domestically The Mental Health Facilitator training will provide community members with information related mental health	100 Points Final Project Written Assignment



Week/ Unit	Topic	Learning Outcomes	Readings	Assignments	Points / Assessmen t Method
		5.4		disorders, symptoms, and challenges. Community members will develop and connect with resources in their area to assist those with mental health needs. Once you have completed the training, you will be able to provide the training to communities across the nation. For your final project you will: Three community agencies, emergency response agencies, or school systems in need of a better understanding and support for people with mental illness. You will: 1. Provide information about the organization, the community, and 2. Choose 3 mental health challenges experienced in the community. 3. Now apply the STPC model presented in training to address one or two of the challenges noted. For instance, if the problem is a lack of mental health resources follow the STPC model to develop a plan to build resources and improve access. Present a PowerPoint presentation to convey how you will apply the STPC model and impact positive change in the community. Complete Global Perspectives Inventory Post-test	Rubric



Week/ Unit	Topic	Learning Outcomes	Readings	Assignments	Points / Assessmen t Method
				Friday of Week 9 at 11:59 pm CT	10 points

Grading Distribution

Assignments	Points
Global Perspectives Inventory Pre-Test	10
Global Perspectives Inventory Post-Test	10
International Travel Registration- full points awarded if	
complete by due date. No points awarded if not complete	20
by due date.	
Discussions (2 @ 10 points each)	20
Discussion (5 @ 30 points each)	150
Writing Assignments (6 @ 20 points each)	40
Pre-Departure Orientation Attendance	20
In-Country Attendance & Engagement	200
Professional & Behavioral Comportment	80



Final Project: Using the Mental Health Facilitator Training	100
Total	1270

Please refer to "Syllabus Part 2: Policies" for additional important information. Click the link below to access.

CLICK HERE FOR SYLLABUS PART 2: POLICIES

W



Tentative Itinerary Summer 2 2021 August 20-29th, 2021

Day	Time	Activity		
Day 1, Friday (No Bus, No Guide)				
		Arrive in Tel Aviv. Proceed through Customs and Immigration. After picking		
		up your bag, make your way to the hotel (on own)		
		Enjoy a Welcome Dinner		
		Hotel: Tel Aviv (D)		
Day 2, Saturday (Public transportation, No Guide)				
	7:30 AM – 8:30 AM	Required Breakfast and Orientation – Hotel Breakfast Area		
	9:00 AM - 10:00	Presentation – Historical / Political background about the Conflict with Udi		
	PM			
	10:30 AM - 12:00	Tour of Jaffa		
	PM			
	12:00 PM - 2:00	Lunch in Jaffa on own		
	PM			
	2:00 PM - 5:00 PM	Explore the city on own		
		Hotel: Tel Aviv (B)		
Day 3, Sunday (Public transportation, No Guide)				
	7:30 AM – 8:30 AM	Required Breakfast		
	09:00 AM - 10:30	Presentation - PTSD		
	AM			



	10:30 AM - 12:30	MHF Trainer Training – Israeli/Palestinian NGO	
	PM		
	12:30 PM - 2:00	Lunch with Local Students	
	PM		
	2:30 PM - 4:30 PM	Continue MHF Trainer Training – Israeli/Palestinian NGO	
		Hotel: Tel Aviv (B, L)	
Day 4, Monday (Public transportation, No Guide)			
	7:30 AM - 8:30 AM	Optional Breakfast	
	9:00 AM - 1:00 PM	MHF Trainer Training - Israeli/Palestinian NGO	
	1:00 PM	Lunch on own	
	2:00 PM - 5:00 PM	Volunteer work - Food packing + Discussion	
		Hotel: Tel Aviv (B)	
Day 5, Tuesday (Public transportation, No Guide)			
	7:30 AM – 8:30 AM	Optional Breakfast	
	8:30 AM - 10:30	Service Learning	
	AM		
	10:30 AM - 11:00	Lunch on own	
	AM		
	11:00 AM - 4:00	Tour of South Tel-Aviv, meeting with ASAF (African Refugees)	
	PM		
		Hotel: Tel Aviv (B)	
Day 6, Wednesday (Bu	s, No Guide)		
	7:30 AM – 8:30 AM	Optional Breakfast	
	9:00 AM - 12:00	Holocaust Museum	
	PM		
	2:00 PM - 5:00 PM	Israel Museum	
		Mt of Olives overview	
		Hotel: Jerusalem (B)	
Day 7, Thursday (Bus, 1 Guide)			
	7:30 AM – 8:30 AM	Optional Breakfast	
	All day	Touring day in Jerusalem Old City - Dual Narrative Tour	



	Lunch on own Shuk (Market)	
	Hotel: Jerusalem (B)	
Day 8, Friday (Bus, 1 Guide)		
7:00 AM – 8:00 AM	Optional Breakfast	
All Day	Visit a Settlement – Meet with local speaker	
	Tour Ramallah - Arafat tomb, Learn about PA/PLO	
	Hotel: Jerusalem (B, D)	
Day 9, Saturday (Bus, 1 Guide)		
7:00 AM – 8:00 AM	Optional Breakfast	
9:00 AM – 2:00 PM	Masada	
12:00 PM - 3:00	Dead Sea + Lunch on own	
PM		
	Farewell dinner in Ramallah	
	Hotel: Jerusalem (B)	
Day 10, Sunday (No Bus, No Guide)		
	Departure on own	