

SP23 - Dr. Emma Grace

Date	Activity/Note for Exertion Level
<p>Students Must Arrive no later than: Day 1 Wed., April 19, 2023</p>	<ul style="list-style-type: none"> • Students should plan to arrive in Paris – Charles de Gaulle Airport (CDG) in the afternoon. Students are responsible for their transportation from the airport to the hotel - no private transportation will be offered. • Afternoon - Check in at your hotel (2 or 3 stars, twin rooms with private bathrooms at a 2 or 3-star hotel). EL 1 • 6 pm - Orientation session by your on-site coordinator at the hotel that includes emergency response and safety orientation. EL 1 • 7 pm – Welcome Dinner will be provided. – EL 1.
<p>Day 2 Thur., April 20, 2023</p>	<ul style="list-style-type: none"> 7 am - Breakfast at the hotel. EL 1 • 8 am – Going to the National Union of Associations France Alzheimer and Related Diseases by public transportation. EL 2 • 9 am – Guest lecture and discussion on the Alzheimer’s disease in France by a representative of the National Union of Associations France Alzheimer and Related Diseases. EL 1 • 12 pm – Lunch on your own. EL 12 pm – Dr. Grace will lead a tour of Paris to see the Eiffel Tower, Notre Dame, Louvre, and other cultural sites and their accessibility for persons with Alzheimer’s disease and other neurocognitive disorders. EL 2 • 4 pm – Group debriefing. EL 1 • 5 pm – Free time for journaling. EL 1 • 7 pm – Dinner on your own. EL 1 • Free night.
<p>Day 3 Fri., April 21, 2023</p>	<ul style="list-style-type: none"> • 7 am - Breakfast at the hotel. EL 1 • 8 am – Going to the UNESCO HQ by public transportation. EL 2 • 9 am – Meeting and discussions with the representatives of UNESCO HQ on culture and education of aging population in France and worldwide. EL 1 • 12 pm – Lunch on your own. EL 1 • 1 pm – Going to the Action Culturelle Alzheimer (ARTZ) association by public transportation. EL 2 • 2 pm – Meeting and service learning activity with the ARZT representatives on making art and culture accessible to persons with Alzheimer’s disease. EL 1 • 6 pm – Group debriefing and free time for journaling. EL 1 • 7 pm – Dinner on your own. EL 1 • Free night.

<p style="text-align: center;">Day 4 Sat., April 22, 2023</p>	<p>7 am – Breakfast at the hotel. EL 1</p> <ul style="list-style-type: none"> • 8 am – Transportation by private bus from your hotel to the train station in Paris. EL 2 • 9 am – Travelling by train from Paris to Bordeaux (travel time: approx. 2 hours 30 minutes; train tickets will be provided). EL 2 • 11:30 pm - Transportation by private bus from the train station to your hotel in Bordeaux. EL 2 • 12 pm – Check in at your hotel (twin rooms with private bathrooms incl. breakfast at a 2 or 3-star hotel). EL 1 • 12:30 pm – Lunch on your own. EL 1 • 2 pm – Orientation session by your on-site coordinator at the hotel. EL 1 • 4 pm – Dr. Grace will lead a walking tour of Bordeaux to get a cultural impression of the city and to see the sights such as the Place des Quinconces, Grand Théâtre, the Cathedral and Utopia Cinema and their accessibility for persons with Alzheimer’s disease and other neurocognitive disorders. EL 2 • 6 pm – Free time for journaling. EL 1 • 7 pm – Dinner on your own. EL 1 • Free night
<p style="text-align: center;">Day 5 Sun., April 23, 2023</p>	<ul style="list-style-type: none"> • 9 am - Breakfast at the hotel. EL 1 • 10 am – Seminar by Dr. Grace about the unique Basque culture in France, aging and mental health effects on Basque people with Alzheimer’s disease and other neurocognitive disorders. EL 1 • 12 pm – Lunch on your own. EL 1 • 2 pm – Free time to explore the cultural sites of Bordeaux at your own pace EL 1 • 5 pm – Free time for journaling. EL 1 • 7 pm – Dinner on your own. EL 1 • Free night.
	<ul style="list-style-type: none"> • 7 am – Breakfast at the hotel. EL 1 • 8 am – Going to the University of Bordeaux by public

<p style="text-align: center;">Day 6 Mon., April 24, 2023</p>	<p>transportation. EL 1</p> <ul style="list-style-type: none"> • 9 am – Meetings with the University of Bordeaux faculty and students to discuss mental health of aging population in Bordeaux. EL 1 • 12 pm – Lunch on your own. EL 1 • 1 pm - Going to the Médecins du Monde (MDM) Bordeaux regional office by public transportation. EL 1 • 2 pm – Meeting and dialogue with the MDM representatives on the provision of care with dignity to older Basque people, refugees and immigrants. EL 1 • 4 pm – Going back to your hotel by public transportation. EL 1 • 5 – Group debriefing. EL 1 • 6 pm – Free time for journaling. EL 1 • 7 pm – Dinner on your own. EL 1 • Free night.
<p style="text-align: center;">Day 7 Tues., April 25, 2023</p>	<ul style="list-style-type: none"> • 7 am – Breakfast at the hotel. EL 1 • 8 am – Transportation by private bus from your hotel to Dax. • 10 am – Walking tour in the Village Landais Alzheimer in Dax, an innovative project that supports independent living of persons with Alzheimer’s disease. EL 2 • 12 pm – Lunch on your own. EL 1 • 1 pm – Meetings and dialogues with the researchers of the Institut du Thermalisme and care providers in the Village Landais Alzheimer to learn more about this project. EL 2 • 3 pm - Transportation by private bus from Dax to your hotel in Bordeaux. EL 2 • 5 pm – Group debriefing. EL 1 • 6 pm – Free time for journaling. EL 1 • 7 pm – Dinner on your own. EL 1 • Free night.
	<ul style="list-style-type: none"> • 7 am – Breakfast at the hotel. EL 1 • 8 am – Transportation by private bus from your hotel to the train station in Paris. EL 2

<p>Day 8 Wed., April 26, 2023</p>	<p>TRAIN STATION IN PARIS. EL 2</p> <ul style="list-style-type: none"> • 9 am – Travelling by train from Bordeaux to Paris (travel time: approx. 2 hours 30 minutes; train tickets will be provided). EL 2 • 11:30 pm - Transportation by private bus from the train station to your hotel in Paris. EL 2 • 12 pm – Check in at your hotel (twin rooms with private bathrooms, breakfast included at a 2 or 3-star hotel). EL 1 • 12:30 pm – Lunch on your own. EL 1 • 2:00 pm – Group debriefing and summarizing the course learning outcomes. EL 2 • 4:00 pm – Free time to explore Paris and prepare for departure. E1 • 7 pm – Farewell Dinner will be provided.
<p>Students Have Officially Completed the Program Thur., Apr. 27, 2023</p>	<ul style="list-style-type: none"> • 7 am – Breakfast at the hotel. • 8 am – Travelling from your hotel in Paris to the Charles de Gaulle Airport (CDG) airport – (students are responsible for their transportation - no private transportation will be offered). EL 1

Location

Paris Charles de Gaulle Airport
(Paris-CDG) - 95700 Roissy-en-
France, France
CEPA will provide hotel address.

National Union of Associations
France Alzheimer and Related
Diseases - 11 rue Tronchet 75008
Paris

UNESCO Headquarters - 7 Place de
Fontenoy, 75007 Paris, France
Action Culturelle Alzheimer (ARTZ) -
68 Rue des Plantes, 75014 Paris,
France

CEPA will provide addresses for the
hotel and train station.
City of Bordeaux, France

City of Bordeaux, France

Université de Bordeaux
Château Bonnefont - Bât. A37 - 351,
cours de la Libération - 33405
Talence Cedex (France)
www.u-bordeaux.fr | www.u-bordeaux.com
Médecins du Monde (MDM)
Bordeaux regional office,
2 Rue Charlevoix de Villers, 33000
Bordeaux, France

Village Landais Alzheimer, Dax
40100, France
Institut du Thermalisme - 8 rue
Sainte Ursule - 40100 Dax – France

Provide addresses for the hotel and tra

Charles de Gaulle Airport (Paris-CDG) - 95700 Roiss