

## SU22 - Dr. Patricia Perez

Date	Activity/Note for Exertion Level
<b>Pre-departure</b>	5:00-6:00 PM: Pre-Departure Meeting *Attire: Business Casual
Day 1	6:00-8:00 PM: Welcome Dinner/Cultural Orientation- Dennis Sebollena  *Attire: Business Casual
Day 2	6:00-7:00 PM: Meet and Greet former VTC Philippines students  7:00-7:30 PM: Break  7:30-8:30 PM: Debrief Session #1  *Attire: Business Casual
Day 3	6:00-7:00 PM: Mental Health in the Philippines  •Rissa Coronel  7:00-8:00 PM: Ateneo de Manila University, Department of Psychology  8:00-8:30 PM: Break  8:30-9:30 PM: Debrief Session #2
	7:00-8:30 PM: Solidarity for Orphans and Widows (SOW)- Fr. John Esp

<p>Day 4</p>	<p>FL JOURNAL</p> <p>8:30-9:00 PM: Break</p> <p>9:00-10:00 PM – Debrief Session #3</p> <p>*Attire: Business Casual</p>
<p>Day 5</p>	<p>7:00-8:30 PM: Pambansang Kilusan ng Samahang Magsasaka-Pakisama (National Confederation of Family Farmer Organizations)</p> <ul style="list-style-type: none"> <li>•Mr. Raul Socrates Banzuela, National Coordinator</li> <li>•Q and A</li> </ul> <p>8:30-9:00 PM: Break</p> <p>9:00-10:00 PM: Debrief Session #4</p> <p>*Attire: Business</p>
<p>Day 6</p>	<p>7:00-8:30 PM: Adamson University, Department of Psychology (Filipino Psychology)</p> <ul style="list-style-type: none"> <li>•Dr. Joseph Terrell Malabuyo (Chair) and with faculty</li> <li>•Q and A</li> </ul> <p>8:30-9:00 PM: Break</p> <p>9:00-10:00 PM: Debrief Session #5 Attire- Business</p>
<p>Day 7</p>	<p>6:00-7:00 PM: Social-political Issues Discussion- Dennis Sebollena</p> <p>7:00-8:00 PM: Asilo De San Vicente De Paul (Sr. Melly or resource speaker)</p> <p>8:00-8:30 PM: Break</p> <p>8:30-9:30 PM: Debrief Session #6</p> <p>*Attire: Business Casual</p>
	<p>6:00-7:00 PM (Optional): Dinner with faculty instructors/Dennis</p>

<p>Day 8</p>	<p>instructors/Dennis</p> <p>7:00-8:30 PM: Tour of Manila/Tagaytay/Taal, Batangas (Dennis Sebolena)</p> <p>8:30-9:00 PM: Break</p> <p>9:00-10:00 PM (Optional): Karaoke/Videoke night (with friends and family living in your household)</p> <p>*Attire: Casual</p>
<p>Day 9:</p>	<p>7:00-8:00 PM: SAFFY/Ten Thousand Villages</p> <ul style="list-style-type: none"> <li>•Ms. Roenna Antonio</li> </ul> <p>8:00-9:00 PM: Farewell Dinner</p> <p>*Attire: Business Casual</p>
<p>Day 10</p>	<p>7:00-9:00 PM: Group Presentations to our client, Fr. John (Executive Director, SOW)</p> <p>*Attire: Business</p>

Asynchronuous Activities

- ON YOUR OWN: VTC Guide and Professional Comportment

- ON YOUR OWN: VTC Philippines Summary

- ON YOUR OWN: Arrival in the Philippines

- ON YOUR OWN: Explore A Filipino/Southeast Asian Community (Food/Filipino Cooking)

- ON YOUR OWN: Explore A Filipino/Southeast Asian Community (Entertainment)

- ON YOUR OWN: Group Project Discussion

- ON YOUR OWN: Explore A

•ON YOUR OWN: Explore A  
Filipino/Southeast Asian Community  
(Family/Relationships)

•ON YOUR OWN: Group Project  
Discussion

•ON YOUR OWN: Explore A  
Filipino/Southeast Asian Community  
(Shopping)

•ON YOUR OWN: Group Project  
Discussion

•ON YOUR OWN: Explore A  
Filipino/Southeast Asian Community  
(Travel/Transportation)

•ON YOUR OWN: Group Project  
Discussion

•ON YOUR OWN: Explore A  
Filipino/Southeast Asian Community  
(Current Events)

•ON YOUR OWN: Group Project  
Discussion

•ON YOUR OWN: Filipino Movie (Netflix-  
Seven Sunday or find one that is free)

•ON YOUR OWN: TBA (Live with faculty  
instructors): Mass with Fr. John Era  
(Facebook-Vincent Connects)

•ON YOUR OWN: Group Project  
Discussion

•ON YOUR OWN: Mass with Fr. John Era  
recording on Facebook (Vincent  
Connects)

•ON YOUR OWN: Group Project  
Discussion

ON YOUR OWN: Departure from the Philippin