

FA21-Peru- Dr. Tamara Blake

Date	Activity
Day 1	<p>Morning: Student arrivals to Peru</p> <p>Hotel: El Dorra Address: Av. José Pardo 486, Miraflores 15074, Peru Phone: +51 1 2427799. Evening: Meeting in Hotel Lobby for Program Orientation; Welcome Dinner</p>
Day 2	<p>Breakfast Meet in hotel lobby (ground level) at 8:15 am, ready to go 9:00-10:30 Cross-Cultural Communication Session</p> <p>Apulaya – Center for Andean Culture: (Taken from Website) Comprised of a team of professionals, the purpose of which is to preserve and pass on the great diversity of the Andes’ traditional indigenous culture, in a creative and interactive way, as well as through live experiences, in a family-like atmosphere.</p> <p>Discussion of Peru Consulate and Apulaya Cultural Center</p> <p>(Exertion level 1-2, leisurely walking)</p>
Day 3	<p>Morning: Visit the Chorrillos Fish Market</p> <p>Visit Organic Market Evening: Circuito Magico del Aqua</p> <p>(Exertion level 1-2, leisurely walking)</p>
Day 4	<p>Train to Machu Picchu</p> <p>(Exertion level: While we will be taking the bus to Machu Picchu, please understand there are cobblestones. In addition, please know the altitude difference may cause some sickness for some. We will discuss participation in this activity in class. Those who wish to be exempt from the activity may request accommodations from the instructor.)</p>
Day 5	<p>Free Morning</p> <p>Meet at hotel at 3pm</p> <p>Family Dinner in Peru with a local family</p> <p>(Exertion level 1-2, leisurely walking)</p> <p>Debrief and time to work on Presentations.</p>
Day 6	<p>8:15am: Meet in lobby (ground floor), ready to go</p> <p>Virgen Milagrosa visit Miraflores Square, Parque Kennedy</p> <p>(Exertion level 1-2, leisurely walking)</p> <p>Discussion of Family Dinner in Peru in comparison with Family Dinner in the States</p>

Day 7	<p>Morning: Larco Herra Museum Comparative discussion on museum in Peru and Washington, D.C. Experience</p> <p>Conversation and experience with TCSPP Psychology Alumni Food Tour together with Alumni</p> <p>(Exertion level 1-2, leisurely walking) Evening: Debrief and Dinner, with Presentations</p>
Day 8	<p>Morning: Breakfast; Time spent in Ollantaytambo Discussion on culture, happiness, and where spirituality and positive psychology intersect.</p> <p>(Exertion level 1-2, leisurely walking) Evening: Farewell Dinner - All participants required to attend to complete the program.</p>
Day 9	Morning: Departure Day