

## SP22- South Africa- Dr. Mahoney

Date	Activity	Location
<p>Day 1 and 2: 4/17/2022-4/18/2022</p>	<p>Various times - Arrival in Johannesburg, transfer to Eagles Nest Lodge with shuttles. At leisure. <a href="http://www.eaglesnest.co.za">www.eaglesnest.co.za</a></p> <p>5pm Orientation Meeting, conference room of lodge</p> <p>6pm Welcome dinner at "Throbbing Strawberry", hosted by the faculty and Kari Prince (included in fee)</p> <p>(exertion = 1)</p>	<p>Eagles Nest address: 373 Leslie Avenue, Cnr of William Nicol Drive, Fourways, Gauteng, South Africa</p>
<p>Day 3: 4/19/2022</p>	<p>Breakfast is included with hotel.</p> <p>9:00 Depart for Tour of Johannesburg &amp; Soweto with Tour Guide Lebo Machaba. This includes a visit to the Constitutional Court, lunch at Sikhumzi Restaurant in Soweto (included in fee), a tour of Mandela's house and a visit to Hector Pieterse Square. (exertion = 2)</p> <p>3/3:30pm Return to lodge.</p> <p>5-6pm Drumming session with Drum Tribe, outdoor bar area at Eagles Nest (exertion = 1)</p>	<p>Johannesburg</p>

Day 4: 4/20/2022	<p>Group A:        8:30 Depart for The C.A.R.E. Centre (Centre for Autism Research &amp; Education).  <a href="http://www.carecentre.co.za">www.carecentre.co.za</a>        9:00 – 1pm Under the leadership of Dr Rozanna Riback and Dr Krishen Samuel, we will be able to observe therapy and classroom sessions with the children.        (exertion = 2 some standing and kneeling)</p>	Johannesburg
Day 5: 4/21/2022	<p>1-2pm Our group will have a <b>discussion forum with the staff at CARE to share best practise ideas</b> and experiences.        2pm Depart for Hotel Hope with new transport.</p> <p><b>Group B:</b>        8:30 Depart with Group A for the East Rand of Johannesburg. We drop off the Group A team at CARE en route to <b>Epworth Village</b>.        9:45/10am Meet with the Therapy and Assessment Centre’s Practice Manager, Mikayla Upieter, for overview of their services, challenges, etc. Tour of the mini village.        12:30 Depart for Rosebank        1:15pm Quick shopping stop at <b>The Zone / African Arts and Craft market</b> 2pm Depart for Hotel Hope in Melville with Mike.        (exertion = 2 some walking on uneven surfaces)</p> <p>Both groups:  <a href="http://www.hotelhopeministries.org">www.hotelhopeministries.org</a>        2:30pm Meet with Oliver Quambusch, founder of <b>Hotel Hope Ministries</b>, for a conversation around the societal challenges and issues in the Alexandra township, in particular the teenage pregnancies.        (exertion = 1)        16:30 Return to lodge. Evening at leisure</p> <hr/> <p><b>Group A:</b>        8:15 Depart for <b>Rays of Hope, Alexandra Township</b> <a href="http://www.raysofhope.co.za">www.raysofhope.co.za</a>        8:45 Arrive to meet Bertha Maringi, Head of the Ithemba Labantwana Project.        9:00 - 1pm: Knowledge Sharing with the Ithemba team as well as other agencies in the area, to share cases related to behavioural challenges and guidance for solutions.        Refreshments provided by TCSES.        (exertion = 1)</p> <p>1:15 Depart for Braamfontein  <a href="#">2- 4pm Meeting with the counselling team at CSVR (Centre for the Study of Violence and Reconciliation) hosted by Dr Marivic Garcia</a>  <a href="http://www.csvr.org.za">www.csvr.org.za</a>        (exertion = 1)        4pm Return to lodge with Mike.</p>	Johannesburg
	<p><b>Group B:</b>        8:15 Depart for <b>The C.A.R.E. Centre</b> (Centre for Autism Research &amp; Education).        9:00 – 1pm Under the leadership of Dr Rozanna Riback and Dr Krishen Samuel, we will be able to observe therapy and classroom sessions with the children.</p>	

	<p>www.carecentre.co.za</p> <p>1pm: Depart for Alexandra Township <a href="http://www.raysofhope.co.za">www.raysofhope.co.za</a></p> <p>2 - 4pm: Knowledge Sharing with the Ithemba team as well as other agencies in the area, to share cases related to behavioural challenges and guidance for solutions.</p> <p>4pm: Return to lodge with new transport. (exertion = 1)</p> <p>Evening at leisure.</p>	
Day 6: 4/22/2022	<p>9:30 Depart for Crown Mines area</p> <p>10:00 Arrive at for self-guided tour of the exhibition. <a href="http://www.apartheidmuseum.org">www.apartheidmuseum.org</a></p> <p>11:30 Depart for Magaliesburg.</p> <p><a href="http://www.lesedi.com">12:30 Arrive at Lesedi Cultural Village, for own lunch followed by guided game drive in Safari vehicle followed by interaction with lion cubs and other animals. (entrance and safari included in fee www.lesedi.com</a></p> <p>(exertion = 2 some walking and crouching)</p> <p>7:30pm Return to lodge (approx. 45 mins drive)</p>	Johannesburg
Day 7: 4/23/2022	<p>Check out of Eagles Nest.</p> <p>8:30 Depart for OR Tambo Airport</p> <p>13:15 To be collected at Cape Town International Airport by Mega Coach driver. Check into City lodge V&amp;A Waterfont.</p> <p>Afternoon and evening at leisure – <b>shopping and exploring within the Waterfront precinct</b>, within walking distance</p> <p>(exertion = 1)</p>	Johannesburg/Cape Town
Day 8: 4/24/2022	<p>Breakfast is included with hotel.</p> <p>8:15 Depart on foot for the Clocktower at the Waterfront. Meeting point for ferry departure for <b>Tour of Robben Island</b>.</p> <p>9-12pm <b>Tour of Robben Island</b>, made famous as the place where Nelson Mandela spent the majority of his prison years. (exertion = 1)</p> <p>Pick up own lunch snack en route back to hotel.</p> <hr/> <p>Pick up own lunch snack en route back to hotel.</p> <p>1pm Meet bus near Clocktower for start of afternoon <b>tour of Cape Town</b>.</p> <p>Approx 5pm Return to hotel. Evening at leisure</p>	Cape Town
	<p><b>Note: Please wear your Chicago School T shirt today!</b></p> <p>8:30 Depart for <b>Akeso Montrose Manor</b>, Tokai.</p>	

Day 9: 4/25/2022	<p>9:00 – 11:00am Meet with Linda Swanepoel and the Management Team for a tour of the facility and a conversation about their therapies and services, trends in treatment etc. (exertion = 1) Time is flexible until 12:00</p> <p>12:30 Arrive at <b>Cornerstone Institute</b> for engagement with Psychology students and faculty around the theme of “The Politics of Change” as we are one week away from South Africa’s national elections on 8 May. 12:45 Short Guest Lecture by Dr Amanda Mahoney &amp; Dr Annette Griffith</p> <p>1:15 Introductions of everyone in the group (and identify small groups) 1:30: lunch 2pm: Start small group conversations 2:45: 3 mins feedback from each group 3pm: Close and thanks (Chicago School &amp; Cornerstone representatives) Return to hotel</p> <p>Evening at leisure.</p> <p><b>15:00 TBA</b></p>	Cape Town
Day 10: 4/26/2022	<p>Breakfast is included with hotel.</p> <p>8:30 Weather permitting, depart for <b>Table Mountain Cable Way</b>. 11:30 Return to hotel (exertion = 3 some walking on uneven surfaces and standing in line)</p> <p>Afternoon at leisure 19:00: Farewell Dinner: Restaurant TBC</p>	Cape Town
Day 11: 4/27/2022	<p>Depart for Cape Town Airport for flights to OR Tambo (various times) as per Mega Coach and Airport Link shuttles. See schedule. Flights to USA (various times)</p>	Cape Town/Johannesburg