

SP23 - Dr. Tyler Re

Date	Activity/Note for Exertion Level	Location
<p style="text-align: center;">Day 1 April 22, 2023</p>	<p>Various times - Arrival in Johannesburg, transfer to Eagles Nest Lodge with shuttles. At leisure. www.eaglesnest.co.za 5pm Orientation Meeting, conference room of lodge (exertion = 1) 6pm Welcome dinner at "Throbbing Strawberry", hosted by the faculty and Kari Prince (included in fee) (exertion = 1)</p>	<p>Eagles Nest address: 373 Leslie Avenue, Cnr of William Nicol Drive, Fourways, Gauteng, South Africa</p>
<p style="text-align: center;">Day 2 April 23, 2023</p>	<p>Breakfast is included with hotel.</p> <p>8:30 Depart for The C.A.R.E. Centre (Centre for Autism Research & Education). www.carecentre.co.za 9:00 – 11:30am Under the leadership of Dr Rozanna Riback and Dr Krishen Samuel, we will be able to observe therapy and classroom sessions with the children. (exertion = 2 some standing and kneeling)</p> <p>1-3pm Afternoon Activity TBC (re crime/law enforcement issues)</p> <p>Evening at leisure</p>	<p style="text-align: center;">Johannesburg</p>
	<p>Breakfast is included with hotel.</p> <p>9am Depart for Hotel Hope Ministries</p>	

<p>Day 3 April 24, 2023</p>	<p>9:30am-11am Meet with founder, Oliver Quambusch, for a conversation around the societal challenges and issues in the Alexandra township, in particular the teenage pregnancies. (exertion = 1)</p> <p>1-3pm Afternoon Activity TBC (re teenage pregnancies and HIV prevention)</p> <p>6pm Group Evening Activity – South African Music (site TBC; included in fee)</p>	<p>Johannesburg</p>
<p>Day 4 April 25, 2023</p>	<p>Breakfast is included with hotel. 9:00 Depart for Tour of Johannesburg & Soweto with Tour Guide Lebo Machaba. This includes a visit to the Constitutional Court, lunch at Sikhumzi Restaurant in Soweto (included in fee), a tour of Mandela's house and a visit to Hector Pieterson Square (exertion = 2)</p> <p>3/3:30pm Return to lodge. Afternoon/evening at leisure</p>	<p>Johannesburg</p>
<p>Day 5 April 26, 2023</p>	<p>Breakfast is included with hotel.</p> <p>9:30 Depart for self-guided tour of the Apartheid Museum. www.apartheidmuseum.org</p> <p>10-11:30 at museum (exertion = 2)</p> <p>11:30 Depart for Magaliesburg.</p> <p>12:30-4pm Lion Safari Park (exertion = 2)</p> <p>4:30-7:30pm Lesedi Cultural Village for cultural experience and dinner (included in fee) www.lesedi.com (exertion = 2)</p> <p>7:30pm Return to lodge (approx. 45 mins drive)</p>	<p>Johannesburg</p>
	<p>Check out of Eagles Nest. 8am Depart for OR Tambo Airport</p>	

<p>Day 6 April 27, 2023 (holiday)</p>	<p>1pm To be collected at Cape Town International Airport by Mega Coach driver. Check into City lodge V&A Waterfront. Afternoon at leisure – shopping and exploring within the Waterfront precinct, within walking distance 7pm Group Dinner – Welcome to Cape Town (included in fee) (exertion = 1)</p>	<p>Johannesburg/Cape Town</p>
<p>Day 7 April 28, 2023</p>	<p>Breakfast is included with hotel.</p> <p>8:15am Depart on foot for the Clocktower at the Waterfront. Meeting point for ferry departure for Tour of Robben Island. 9-12pm Tour of Robben Island, made famous as the place where Nelson Mandela spent the majority of his prison years. (exertion = 1)</p> <p>Pick up own lunch snack en route</p> <p>1pm Meet bus near Clocktower for start of afternoon tour of Cape Town including Table Mountain. (exertion = 1)</p>	<p>Cape Town</p>
	<p>8:30 Depart for Akeso Montrose Manor, Tokai.</p>	

<p>Day 8 April 29, 2023</p>	<p>9:00 – 11:00am Meet with the Management Team for a tour of the facility and a conversation about their therapies and services, trends in treatment etc. (exertion = 1)</p> <p>12:30 Arrive at Cornerstone Institute 12:45 engagement with Psychology students and faculty 3pm: Close and thanks (Chicago School & Cornerstone representatives) (exertion = 1) Return to hotel</p> <p>Evening at leisure.</p>	<p>Cape Town</p>
<p>Day 9 April 30, 2023</p>	<p>Breakfast is included with hotel.</p> <p>8:30 Depart for LEAP School and LEAP Community Services (exertion = 1) Approx 5pm return to hotel</p> <p>19:00: Farewell Dinner: Restaurant TBC (included in fee)</p>	<p>Cape Town</p>
<p>Day 10 May 1, 2023</p>	<p>Depart for Cape Town Airport for flights to OR Tambo (various times) as per Mega Coach and Airport Link shuttles. See schedule. Flights to USA (various times)</p>	<p>Cape Town/Johannesburg</p>