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HELLO TCSPP COMMUNITY

Greetings! We wish everyone great success, and more importantly safety and health this semester. This newsletter allows us to keep you all up to date with the the BSU and highlight some students along the way!

2020 was a rough year to say the least. The COVID-19 pandemic, quarantine, and witnessing the many social injustices have made mental health and community outreach top priorities of the BSU in 2021. We have committed to partnering with organizations and other professionals to deliver educational content to help members of the community cope with these issues.

Our Public Relations Officer, Wilma has taken the lead on this and is doing a fantastic job! She has been working with Leimiert Park in Los Angeles and other organizations in the community to focus on Black culture, health, and other areas.



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We are also working on our Psychoeducation courses about mental health and its manifestation in various groups, racial trauma as well as culture.

Additionally, we have been gathering resources and making connections to continue to build our network of Black mental health professionals. This information will be compiled into a directory for students to access and will help to increase cultural competency and eliminate barriers and stigmas.

We have so much in store for Black History Month, and we look forward to seeing you at our next meeting on Thursday February 18 at 6:30 PM!